

## TOKYO AA MEETINGS

Website: [www.aatokyo.org](http://www.aatokyo.org)

AA Hotline: 080-4355-2285

Please leave a message and someone will get back to you as soon as possible.

- Japan Service Office: 03-3590-5377
- World Service Office: [www.aa.org](http://www.aa.org)

## Al-Anon

Tokyo Al-Anon is a fellowship of relatives and friends of alcoholics. They meet Tuesday, 7pm-8pm at FCC on the 3rd Floor. Contacts:

- Connie 090-9833-4049
- Yasu 090-4435-4566
- [www.al-anontokyo.org](http://www.al-anontokyo.org)

## Meeting Legend

"O" - Open meetings are open to the general public.

"C" - Closed meetings are meetings for those with a desire to stop drinking.

"Military" - MILITARY MEETING. To go on secure military bases, civilians must be accompanied by someone with a military ID, and must be arranged beforehand.

"chip" - Anniversary Chips are given out.

### Tokyo

SUN	<b>10:00</b> O	<b>WEEKLY PROGRAM REVIEW</b> St. Ignatius Catholic Church 6 Chome-5-1 Kōjimachi
	<b>13:00</b> O	<b>DISCUSSION</b> Mitsui Building 163-0410
	<b>17:45</b> C	<b>BIG BOOK</b> Tokyo Union Church Japan
	<b>18:00</b> O	<b>TOKYO INTERGROUP</b> Tokyo Union Church Japan
MON	<b>19:00</b> chip O	<b>SPEAKER MEETING</b> Tokyo Union Church 5 Chome-7-5 Jingūmae
	<b>07:30</b> chip O	<b>LIVING SOBER</b> St. Andrew's Church 3 Chome-6-18 Shibakōen
	<b>Noon</b> O	<b>STEPS &amp; TRADITIONS</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi
	<b>19:00</b> military	<b>BIG BOOK</b> Yokota Air Base 197-0011
	<b>19:00</b> C	<b>MOTORCYCLE BOB BIG BOOK STUDY</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi
TUE	<b>19:30</b> O	<b>BIG BOOK &amp; TRADITIONS</b> Roppongi Lutheran Church 6 Chome-16-44 Roppongi
	<b>07:30</b> O	<b>JOY OF LIVING</b> St. Andrew's Church 3 Chome-6-18 Shibakōen
	<b>14:00</b> O	<b>STEPS &amp; TRADITIONS</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi
	<b>19:30</b> O	<b>FREETHINKER</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi
	<b>19:30</b> O MED	<b>MEDITATION MEETING</b> St. Dominic Catholic Church Shibuya 18-13 Nanpeidaichō
WED	<b>07:30</b> O	<b>LIVING SOBER</b> St. Andrew's Church 3 Chome-6-18 Shibakōen
	<b>Noon</b> O	<b>DISCUSSION</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi

THU	<b>19:00</b> military O	<b>12 &amp; 12 Kanto Plains Fellowship</b> Yokota Air Base 197-0011
	<b>19:30</b> O	<b>EXPERIENCE, STRENGTH &amp; HOPE</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi
FRI	<b>20:15</b> O	<b>SPEAKER - DISCUSSION Tokyo New Beginnings Group</b> Meguro Catholic Church 4 Chome-6-22 Kamiōsaki
	<b>07:30</b> O	<b>BIG BOOK STUDY We Are Not A Glum Lot Group</b> St. Andrew's Church 3 Chome-6-18 Shibakōen
	<b>14:00</b> chip O	<b>DISCUSSION</b> Tokyo Union Church Japan
SAT	<b>19:00</b> O	<b>DUAL SPEAKER (3RD THURSDAY/MONTH ONLY)</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi
	<b>19:30</b> O	<b>LIVING SOBER DISCUSSION</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi
	<b>07:30</b> O	<b>LIVING SOBER</b> St. Andrew's Church 3 Chome-6-18 Shibakōen
	<b>Noon</b> O	<b>DISCUSSION</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi
SUN	<b>19:00</b> military O	<b>DISCUSSION Kanto Plains Fellowship</b> Yokota Air Base 197-0011
	<b>19:30</b> C	<b>BIG BOOK DISCUSSION</b> St. Dominic Catholic Church Shibuya Nanpeidaicho
	<b>20:00</b> O Y	<b>TOKYO YOUNG PEOPLE'S GROUP</b> Shimokitazawa Shoei Church 1 Chome-42-10 Kitazawa
	<b>15:30</b> chip O	<b>LIVING SOBER DISCUSSION</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi
	<b>16:30</b> chip O	<b>12 STEPS</b> Franciscan Chapel Center 4 Chome-2-37 Roppongi
MON	<b>19:00</b> chip O	<b>DISCUSSION</b> Tokyo Union Church Japan
	<b>19:30</b> O	<b>SPEAKER (1ST SAT.ONLY)</b> Roppongi Lutheran Church 6 Chome-16-44 Roppongi

### Tokyo: Chiba

TUE	<b>21:30</b> O	<b>EXPERIENCE STRENGTH &amp; HOPE</b> Funabashi 1 Chome-5-3 □□ Funabashi
WED	<b>19:30</b> O	<b>BIG BOOK STUDY</b> Chiba Catholic Church 260-0034
FRI	<b>20:30</b> O	<b>BIG BOOK DISCUSSION</b> Shinkamagaya 2 Chome-7-1 Shinkamagaya

### Tokyo: Kanagawa

SUN	<b>16:30</b> C	<b>MIKASA SPEAKER/DISCUSSION</b> Mikasa Catholic Church 82-19 Inaokacho
MON	<b>19:00</b> O	<b>STEP STUDY</b> Yokohama International Baptist Church 60 Nakaodai
	<b>19:00</b> military O	<b>12 &amp; 12</b> Naval Air Facility Atsugi Tatekawa
WED	<b>19:00</b> military O	<b>BIG BOOK Yokosuka Thumpers Group</b> Cadence Lighthouse Japan
	<b>18:00</b> military	<b>YOKOSUKA NEW COMERS MEETING</b> Chapel of Hope, Room #6 Honcho
THU	<b>19:00</b> military O	<b>BIG BOOK STUDY Zama Solutions Group</b> Camp Zama Japan
	<b>19:00</b> military O	<b>12 &amp; 12</b> Cadence Lighthouse Japan

### Tokyo: Saitama

SUN	<b>15:30</b> O	<b>BIG BOOK DISCUSSION</b> Saizeriya 4-2 Hiyoshichō
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### Franciscan Chapel Center

Take the Hibiya Subway Line or Oedo line to Roppongi Station. Exit 4A. It is less than a 10 minute walk. Ask at the Police Box for the Franciscan Chapel Center if you need help.



### Tokyo Union Church

Between the Harajuku Station (JR) and the Omotesando Subway Station (Ginza, Chiyoda and Hanzomon Lines) on Omotesando. If main door is closed, use entrance on side street through garage area. Meeting on 2nd floor. Intergroup is held on the 3rd floor.



### St. Andrews

From Kamiyacho station, walk up-hill and then towards Tokyo Tower. From Akabanebashi or Onarimon, just go up to Tokyo Tower. The meeting is in the St. Andrew's stand-alone hall, to the left of St. Andrews's church, which is to the left of St. Alban's church. It is the building furthest to the LEFT in this two-church campus.



## Roppongi Lutheran Church

From Roppongi station walk down Roppongi Dori to Roppongi Hills complex. Walk straight through Roppongi Hills with Tokyo Tower on your left side. Go down escalators and you will see the church, there is a large illuminated cross on the roof. Meeting is on the third floor. Doors open at 19:00 and meetings start at 19:30

## St Dominic's Church

(No Map) Exit Shibuya station at the Hachiko exit and walk towards the large intersection, then turn left, and walk with the station on your left hand side, past the busses. Climb the stairs of the pedestrian overpass and cross the highway, then turn right again to walk with the highway on your right. Pass the Cerulean Tower. Turn left after you pass the Belle Salle Shibuya Garden Building. Pass the Denny's restaurant. Take a left to enter the church through the back entrance.

## Shinjuku

(No Map) West exit of JR. Stay underground. Walk through the underground passage to the end, near the 58-story Mitsui Building—in the outside courtyard. If bad weather—call Ian, 080-4629, Patricia I, 090-2145-2399, or Martin at 090-1217-0937.

## Alternate Phone Contacts

Tokyo	Patricia I	080-4719-1025
	John R	090-9302-2091
	Matt J	080-4072-4144
	Satoru	080-5690-1995
Yokohama	Bill	0463-34-2557
Yokota AFB / KPF	Mark	080-4154-4417
West Tokyo	Pat B	080-1164-2496
Chiba	Jay L	090-1767-1814
Saitama	Daniel F	090-1104-6772
	Mike	080-3478-9599
Spanish	Ricardo	090-9676-6028
	Eduardo	080-2211-1968
Swedish	Lars	090-1254-2743
Russian	Anya	090-5436-3101