

TOKYO AA MEETINGS

V1.0 Mar 2013

Call the AA Hotline or check the website for the latest Meeting Information. (updated Fall 2015)

AA Hotline 070-3132-8646

www.aatokyo.org

Information about AA is available. To speak with someone directly, please leave a message and someone will get back to you as soon as possible.

Intergroup is held on Sunday, every 2 months at Tokyo Union Church. For details & date email: inquiries@aatokyo.org

Japan Service Office: 03-3590-5377

World Service Office: www.aa.org

Tokyo Al-Anon is a fellowship of relatives and friends of alcoholics: Connie 090-9833-4049, Yasu 090-4435-4566

www.al-anontokyo.org

Al -Anon			
Tues. 7-8 PM	FCC	Al-Anon 3rd Floor	Closed
		Library	

CONTACT NUMBERS

Tokyo		Yokohama	
		Bill	0463-34-2557
Patricia I.	080-4719-1025	Bob	090-5515-6943
John R.	090-9302-2091	Yokota AFB	
		Mark:	080-4154-4417
		Patrick:	080-5670-3508
		Spanish	
Satoru	080-5690-1995	Riccardo	090-9676-6028
		Eduardo	080-2211-1968
West Tokyo		Swedish	
Pat. B	080-1164-2496	Lars	090-1254-2743
Saitama			
Mike	080-3478-9599		
Russian			
Anya	090-5436-3101		

AA OUTSIDE THE TOKYO AREA

Hiroshima: Tim H. 090-5462-6951

h.timoth@gmail.com

Hokkaido Joe 011-532-2018 mukatsuku@hotmail.com

Kobe: Jan 078-822-6786 Sat 6PM

Kyoto: aainkyoto@yahoo.com, Mark-090-5975-8635, Phil-080-4234-1488

Kyushu: Osamu: osamu_francis@hotmail.com, 090-5317-0914

Mito, Ibaraki-ken Chris 090-9398-5365, Thomas 0296-72-6452

Nagoya: Michael S. 090-7699-8311 mseigel@ic.nanzan-u.ac.jp

Okinawa: Beni-090-6865-2259

Osaka: Scott 080-3116-5471

Osaki [near Sendai]: James 02-2922-1866, 090-2980-2597 Bilingual mtg. Sun 7 – 8:30 PM

Shizuoka : Casey 080-4225-3776 caseysan39@gmail.com

Day	Time	Location	Topic	Type
Sunday	10:00	Maryknoll	Grapevine/Discussion	Open
	13:00	Shinjuku	Daily Reflections/Discussion	Open
	15:30	Tokorozawa**	Big Book	Open
	17:45	TUC	Big Book	Closed
	16:00	Shinjuku Akta Gay Community center+	LGBT meeting	Open
	18:30	Yokohama*	Step Study	Open
	19:00	TUC	Speaker Meeting	Open
	19:00	Yokota	Discussion	Open
Monday	07:30	St. Andrews	As Bill Sees It/ Discussion	Open
	12:00	FCC 2 nd floor	Big Book Discussion	Open
	19:00	FCC 2 nd floor	Motorcycle Bob Big Book Study	Open
	19:00	Atsugi	Discussion	Open
	19:00	Yokosuka***	Big Book Study	Open
	19:30	Roppongi Lutheran	Big Book & Traditions	Open
Tuesday	7:30	St. Andrew's	Joy of Living	Open
	14:00	FCC 2 nd floor	Steps & Traditions	Open
	19:00	Fujisawa	Steps & Traditions	Open
	19:30	FCC 2 nd floor	Freethinker	Open
	19:30	Maryknoll	Meditation Meeting	Open
	21:30	Funabashi	Experience, Strength and Hope	Open
Wednesday	07:30	St. Andrews	Daily Reflections	Open
	12:00	FCC 2 nd floor	Discussion	Open
	19:00	Yokota	Open Topic (Step Centered)	Closed
	19:30	Chiba	Big Book Study	Open
	19:30	FCC 2 nd floor	Experience, Strength & Hope	Open
	20:15	Meguro Catholic Church	Beginners/ Big Book	Open
Thursday	7:30	St. Andrew's	Big Book Study	Open
	14:00	TUC	Discussion	Open
	3 rd Thursday of the month only	19:00	FCC (Basement)	Dual Speaker
	19:00	Yokosuka***	12 & 12	Open
	19:30	FCC 2 nd floor	Topic Discussion	Open
Friday	07:30	St. Andrew's	Living Sober-discussion	Open
	12:00	FCC 2 nd floor	Discussion	Open
	19:00	Yokota	Open Topic/Step Centered	Closed
	19:00	Atsugi	Steps & Traditions	Open
	19:30	Maryknoll	Big Book Discussion	Closed
	20:00	Shimokitazawa	Young People's Group	Open
	20:30	Chiba+++	Big Book Discussion	Open
Saturday	8:00	Tsujido++	Weekly Reflections	Open
	15:30	FCC 3 rd floor	Beginners' Meeting	Open
	16:30	FCC 3 rd floor	Steps	Open
	19:00	TUC	Discussion	Open
	1 st Saturday of the month only	19:30	Roppongi Lutheran	Speaker

Open meetings are open to the general public. **Closed meetings** are for those with a desire to stop drinking.

***YOKOHAMA** Meet at Negishi Station (only 1 exit) at 17:45 to go to the church together. Bob O. 090-5515-6943, roliver8c3-net.ne.jp

+ This is an open meeting, everyone welcome including LGBT community. Contact: Takashi-090-8508-9136

++ **Tsujido** contact: 080-3258-0902

*** **Tokorozawa** contact number - Mike 080-3478-9599 (call for directions)

+++**Chiba** contact: Mark P. 080-3024-2217, Ed O. 090-3524-7711 meeting held Ide Café, Shim Kamagaya

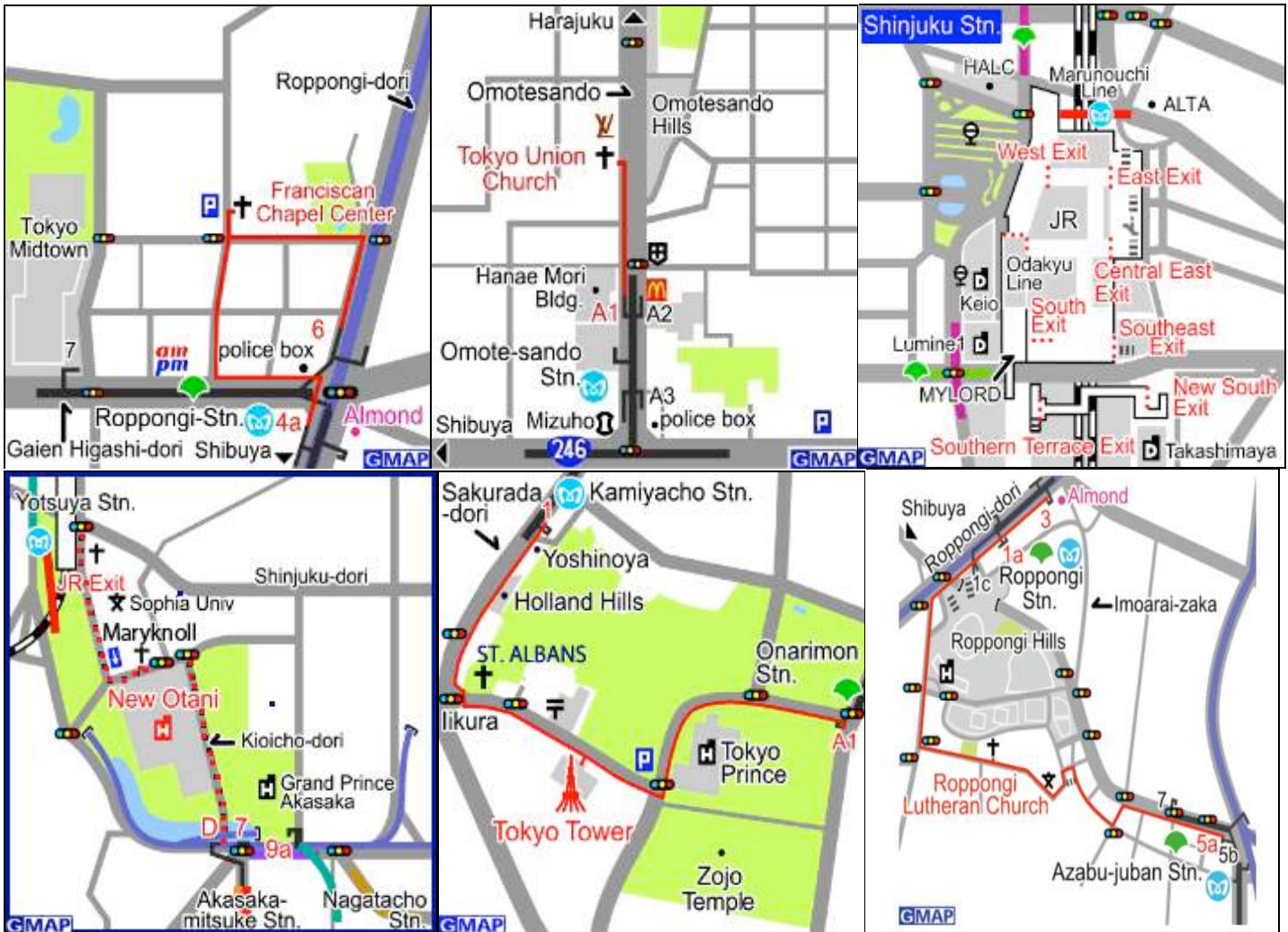
MILITARY MEETINGS

KANTO PLAINS FELLOWSHIP (on Yokota Air Base—to get on base, civilians must be accompanied by someone with a military ID.) :Mark 080-4154-4417 Patrick 080-5670-3508

Sun,Wed, Fri 19:00	Bldg 4330 East Side	Various	Open
East side bldg. 4330, in plaza left of Banzai Burritos			

*** **Yokosuka THUMPERS GROUP:**Lighthouse Christian hospitality center-contact-Charles: ckalebeau@gmail.com or Alan: 080-4432-2827

YOKOSUKA BASE MEETINGS: aa4yokosuka@gmail.com, Rob B. 070-1420-2909



-----Detailed directions, maps and virtual tours (photos) available on the website: www.aatokyo.org

1. **Franciscan Chapel Center [FCC]:** Take the Hibiya Subway Line to Roppongi. Exit 4A. It is less than a 10 minute walk. Ask at the Police Box for the Franciscan Chapel Center if you need help.
2. **Tokyo Union Church [TUC]:** Please note: McDonalds is no longer at the location shown on the map above. Between the Harajuku Station (JR) and the Omotesando Subway Station (Ginza, Chiyoda and Hanzomon Lines). The entrance is on the side street, through the garage--the main door is usually closed. Meeting is on the second floor.
3. **Shinjuku:** West exit of JR. Stay underground. Walk through the underground passage to the end, near the 58-story Mitsui Building—in the outside courtyard. If bad weather—call Patricia I. 080-4719-1025.
4. **Maryknoll:** Take the Kojimachi Exit from Yotsuya Station, at the top of the stairs turn right and cross the street. Cross the street again, toward your left. You will be facing a brown round-shaped building. Turn right and follow the road until it ends. Turn left there, at Kioi Concert Hall. Maryknoll is the second building on the left, directly across from the Hotel New Otani.
5. **St. Andrews:** From Kamiya-cho station, walk up-hill and then towards Tokyo Tower. From Akabanebashi or Onarimon, just go up to Tokyo Tower. The meeting is in the St. Andrew's stand-alone hall, to the left of St. Andrews's church, which is to the left of St. Alban's church. It is the building furthest to the LEFT in this two-church campus..
6. **Roppongi Lutheran Church:** From Roppongi station walk down Roppongi Dori to Roppongi Hills complex. Walk straight through Roppongi Hills with TokyoTower on your left side. Go down escalators and you will see the church, there is a large illuminated cross on the roof. Meeting is on the third floor. Doors open at 19:00 and meetings start at 19:30